

# 3 Hammers Bar & Bistro

## BISTRO MENU





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## STARTERS

<b>Breaded Mushrooms (v)</b>	<b>£6.95</b>	<b>Homemade Nachos</b>	<b>£7.95/£10.95</b>
Crispy coated breaded mushrooms served with a garlic mayonnaise dip.		Fried flour tortillas topped with Cheddar cheese, Jalapeños, salsa, guacamole & sour cream.	
<b>Potato Skins</b>	<b>£6.95</b>	Add Chilli Beef - <b>£3.50</b>	
Cheese & Bacon or Chilli Beef, served with a sour cream dip.		<b>Lamb Koftas</b>	<b>£8.45</b>
<b>Prawn Cocktail</b>	<b>£6.95</b>	Served with yoghurt & mint dip and tomato & onion salad.	
Atlantic coldwater prawns smothered in a Marie-Rose sauce with shredded iceberg lettuce, lemon and buttered brown bread.		<b>Soup of the Day</b>	<b>£5.95</b>
<b>Baked Camembert "perfect for sharing" (v)</b>	<b>£11.95</b>	Today's chefs soup with croutons, bread roll & butter.	
Served with toasted bread & ale chutney.		<b>Salt &amp; Pepper Squid</b>	<b>£7.95</b>
<b>Chicken Wings</b>	<b>£7.45</b>	Deep fried squid served with garlic aioli & lemon.	
House wings with your choice of Piri Piri, BBQ or Buffalo glazes.		<b>Baked Cheddar Mushrooms</b>	<b>£7.95</b>
<b>Chicken Tikka Bites</b>	<b>£7.45</b>	Roasted mushrooms in a creamy cheddar sauce with garlic ciabatta.	
Chicken tikka breast pieces served on a bed of crisp iceberg lettuce with a yoghurt & mint dip.			

## BISTRO FAVOURITES

<b>Homemade Cottage Pie</b>	<b>£14.95</b>		
Our own homemade cottage pie topped with fluffy mash and melted cheese served with skin on fries and seasonal vegetables.			
<b>Homemade Chilli Beef</b>	<b>£14.95</b>		
Homemade Chilli served with white rice, skin on fries, nacho chips & grated cheddar.			
<b>Homemade Beef Stroganoff</b>	<b>£15.95</b>		
Beef strips sauteed in a rich creamy mushroom and brandy sauce, served with rice, skin on fries & garlic ciabatta.			
<b>Pie of the Day</b>	<b>£14.95</b>	<b>Caesar Salad</b>	
Ask your server for today's choice of delicious pie.		Classic Caesar with croutons, shaved Parmesan & garlic ciabatta.	
<b>Cumberland Sausage &amp; Mash</b>	<b>£14.95</b>	<b>Prime Salmon - £18.95</b>	<b>Grilled chicken - £14.95</b>
Prime Cumberland sausages on a bed of fluffy mash, garden peas & onion gravy.		<b>'Chefs' Beef Lasagne</b>	<b>£15.95</b>
<b>Prime Salmon Fillet</b>	<b>£18.95</b>	Layers of wheat pasta with Italian tomatoes and minced beef topped with a creamy Bechamel cheese sauce, served with garlic ciabatta bread.	
Oven baked Salmon fillet served with chive mash, seasonal greens and your choice of Hollandaise or Mornay sauce.		<b>Vegetable Lasagne</b>	<b>£14.95</b>
<b>Wholetail Breaded Scampi</b>	<b>£14.95</b>	Layers of white pasta filled with a rich tomato & roasted vegetable sauce covered with a cheese sauce & topped with Cheddar cheese, served with garlic ciabatta & salad.	
Breaded wholetail scampi served with skin on fries, mushy or garden peas and tartare sauce.		<b>Cajun Chicken Penne Pasta</b>	<b>£15.95</b>
<b>Fish &amp; Chips</b>	<b>£14.95</b>	Sliced chicken breast marinated with cajun spices in Penne pasta, with a dash of cream & finished with garlic ciabatta bread.	
A freshly battered Basa fillet served with mushy or garden peas, lemon and tartare sauce.			





## FROM THE GRILL

**All of our steaks are sourced from sustainably raised cattle and are served with grilled mushroom, half tomato, peas, onion rings, steak sauce & your choice of potatoes.**

**8oz Rump Steak - 21 day aged** £17.95  
Firm in texture and rich in flavour.

**8oz Sirloin Steak - 28 day aged Angus** £22.95  
These tender prime steaks are hand cut from the loin and give a fantastic balance between flavour and tenderness.

**8oz Fillet - 28 day aged Angus** £28.95  
Cut from the underside of the loin, fillet steak is renowned for its tenderness and eating quality.

**10oz Ribeye - 28 day aged Angus** £24.95  
Generously marbled, this steak is cut from the very centre of the rib roast, giving it an abundance of flavour with tenderness to match.

**House Mixed Grill** £22.95  
A 'meat feast' of rump steak, chicken breast, pork loin, gammon & sausage served with a fried egg, tomato, pineapple, mushroom & onion rings.

**Around the World Mixed Grill** £23.95  
This Bistro favourite is famous for its exciting flavours & tenderness. Tandoori rump, Piri Piri gammon, Cajun chicken, Jerk pork & lamb kofta make up this amazing grill!

**Gammon Steak** £14.95  
Gammon steak served with pineapple, a fried egg, grilled tomato, mushroom & onion rings.

## BURGERS

**All of our burgers are served with lettuce, tomato, onion rings, slaw & skin on fries**

**Wagyu Bacon & Cheese** £14.95  
With melting Cheddar cheese and grilled back bacon.

**Buttermilk Chicken Fillet Burger** £14.95  
Topped with bacon & cheese.

**Tex Mex Burger** £15.95  
Wagyu burger topped with chilli beef & jalapeño.

**Minted Lamb Burger** £14.95  
6oz British lamb burger on a bed of crisp iceberg lettuce with yoghurt & mint dip.

**Bangkok Big Boy Burger (ve)** £14.95  
Spicy oriental vegan burger with mixed vegetables, coriander, chilli, lemon & lime leaf, coated with black onion, sesame and cumin seeds.

## CHICKEN DISHES

**Grilled Chicken Breast** £14.95  
Chicken breast served with skin on fries, salad & slaw. Choose from:

Garlic - Cajun - Simply Chicken

**Chicken Forestiere** £16.95  
Chicken breast with bacon, smothered in a white wine, mushroom & paprika sauce, served with chive mash & seasonal greens.

**Chicken & Bacon Schnitzel** £13.95  
Breast of chicken coated in panko breadcrumb, topped with shredded bacon & Cheddar cheese. Served with skin on fries, salad & slaw.

**Chicken Katsu Curry** £15.95  
Panko breaded chicken smothered in Katsu sauce, served with white rice & fries.

**Sweet & Sour Chicken** £15.95  
Chicken tenders deep fried in our homemade batter and served with rice, chips, prawn crackers and Chef's sweet & sour sauce.

**Sizzling Fajitas**  
Suateed with onions, mixed peppers and Mexican spices. Served on a sizzling skillet with tortillas, salsa, guacamole and sour cream & chive dip.

Chicken - £16.95 Steak - £17.95 Grilled Halloumi - £16.95

## SIDES AND ADD ONS

Halloumi Fries	£5.50	Onion Rings	£4.00
Garlic Ciabatta	£4.50	Mushrooms	£4.00
Cheesy Garlic Ciabatta	£5.00	Green Salad	£4.00
		Loaded Fries	£5.00

Tennessee Whiskey Glaze with Jack Daniels, Red Wine & Mushroom Sauce, Peppercorn Sauce, Stilton Sauce, Beef Dripping & Red Wine, **all £3.00**





# FIXED PRICE LIGHT LUNCH MENU

2 Courses £14.95

3 Courses £16.95

## Starters

BBQ Wings  
Breaded Mushrooms  
Soup of the Day  
Prawn Cocktail

## Mains

8oz Rump Steak  
(£1.50 Supplement)  
Gammon, Pineapple  
& Egg  
Pie of the Day  
Wholetail Scampi  
Cottage Pie

Mini Fish & Chips  
(Make it BIG for £1  
Supplement)  
Beef Stroganoff  
Chicken Fajitas  
Vegan Mushroom  
Risotto  
Vegetable Lasagne

## Desserts

Ice Cream Sundae  
Traditional Apple Pie  
Sticky Toffee Pudding  
Strawberry & Prosecco  
Roulade

**AVAILABLE  
MONDAY TO SATURDAY  
12PM UNTIL 5:00PM**

## DESSERTS

### Mixed Ice Cream Sundae

A trio of vanilla, chocolate & strawberry ice-creams topped with whipped cream and a wafer, finished off with your choice of chocolate, strawberry, lemon or fudge sauce.

£5.95

### Sticky Toffee Pudding

A classic dessert served with a rich butterscotch sauce and vanilla ice cream.

£7.25

### New York Cheesecake

A rich baked vanilla cheesecake with your choice of Salted Caramel, Strawberry Eton Mess or Biscoff.

£7.25

### Traditional Apple Pie

Shortcrust apple lattice pie served with custard, cream or ice cream.

£7.25

### OREO® Belgian Waffle

Authentic 'Liège-style' waffle with crushed OREO® cookies, vanilla ice cream then smothered in luxury white chocolate sauce.

£7.45

### Strawberry & Prosecco Roulade

Hand rolled strawberry meringue roulade with a strawberry compote and real Prosecco flavoured dairy cream filling.

£6.95

### Chocolate Fudge Cake

Chocolate sponge cake layered with rich chocolate fudge icing. Served with cream or Ice Cream.

£6.95

## ALLERGEN INFORMATION

Please be aware that our food may contain or come into contact with common allergens. Whilst we have taken steps to minimize risk and safely handle the foods that contain potential allergens, please be advised that cross contamination may occur. Please see a member of staff for our Allergen folder, which will give you all the information you need regarding ingredients of a dish.

ASK YOUR SERVER FOR OUR

**VEGAN MENU**

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